

Curriculum Vitae

Eleanor M Kellon, VMD

997 Texter Mtn Rd

Robesonia PA 19551

drkellon@gmail.com

Education:

1969 – 1972 University of Pennsylvania undergraduate, with early entry in Veterinary Medicine Program

1972 – 1976 University of Pennsylvania School of Veterinary Medicine, magna cum laude, V.M.D.

1976 – 1977 Internship, Large Animal Medicine and Surgery, New Bolton Center

1977 – 1979 Residency, Large Animal Internal Medicine, New Bolton Center,

Awards

2022 American Association of Equine Practitioners/Zoetis, [“Good Works for Horses” Award](#)

Previous Positions

1979 – 1981 Farm Veterinarian, Jumping Fox Farm

1981 – 1982 Farm Veterinarian, Water Gap Farm

1982 - 1983 Private Practice, solo

1983 - 2013 Veterinary Editor, The Horse Journal

1985 - 2011 Veterinary Editor, John Lyons Perfect Horse

2013 - 2023 Veterinary Specialist, Uckele Health and Nutrition

2023 - 2023 Veterinary Nutritional Consultant, Smart Pak Equine

Current Positions:

[Owner, Equine Nutritional Solutions](#)

[Owner, Equine Cushing's and Insulin Resistance Group](#), (~10,000 members)

[Veterinary Nutritionist, Mad Barn](#)

[Veterinary Advisor. Equine Cushing's and Insulin Resistance, Inc.](#)

Teaching – Online Nutrition Courses (2008 – present) Short list of courses, over 10,000 students taught

- NRC Plus – Basics of nutrition based on National Research Council recommendations
- Nutrition as Therapy
- Nutrition for the Performance Horse
- Management for Pregnancy and Growth
- Comprehensive Care of the Older Horse
- Equine Cushing's and Insulin Resistance
- Nutritional Case Histories
- Understanding Blood Work
- Equine Arthritis and Other Lamenesses
- Feeding Dogs and Cats

Peer-Reviewed Publications and Presentations

1. **Kellon, E.M.**, (2026) Oral cabergoline for the management of equine pituitary pars intermedia dysfunction – five cases. Open Vet J. June; 16(6):3818. DOI: [10.5455/OVJ.2026.v16.i6.52](https://doi.org/10.5455/OVJ.2026.v16.i6.52)
2. **Kellon, E.M.**, (2025) Insulin Resistance vs. Dysregulation – A distinction without a difference. Equine Veterinary Education. 37, 210-215. Available from: <https://beva.onlinelibrary.wiley.com/doi/epdf/10.1111/eve.14082>
3. **Kellon, E.M.**, Gustafson, K.M. (2023) Hypertriglyceridemia in equines with refractory hyperinsulinemia treated with SGLT2 inhibitors. Open Vet J. Mar;13(3):365-375. doi: 10.5455/OVJ.2023.v13.i3.14. Epub 2023 Mar 20 <https://pubmed.ncbi.nlm.nih.gov/37026076/>
4. **Kellon, E.M.**, Gustafson, K.M. (2023) Use of the SGLT2 inhibitor canagliflozin for control of refractory equine hyperinsulinemia and laminitis. Open Vet J. Jul-Aug;12(4):511-518. doi: 10.5455/OVJ.2022.v12.i4.14. Epub 2022 Aug 7. <https://pubmed.ncbi.nlm.nih.gov/36118716/>
5. **Kellon, E.M.**, Gustafson, K.M., (2020) Possible dysmetabolic hyperferritinemia in hyperinsulinemic horses. Open Vet J. 2020 Jan;9(4):287-293. doi: 10.4314/ovj.v9i4.2. Epub 2019 Oct 21. <https://pubmed.ncbi.nlm.nih.gov/32042647/>
6. Johnson, P.J., Messer, N.T., **Kellon, E.** (2004) Update on equine therapeutics: Treatment of equine metabolic syndrome. Compendium on continuing education for the practicing veterinarian – North American Edition-, 26, 122-131.
7. Klein, L., Ailes, N., Fackelman, G. E., **Kellon, E.**, & Rosenberg, H. (1989). Postanesthetic equine myopathy suggestive of malignant hyperthermia. A case report. Veterinary Surgery : VS, 18(6), 479–482.

8. **Waldron-Mease, E.M.**, Klein, L.V., Rosenberg, H., Leitch M.(1981) Malignant hyperthermia in a halothane-anesthetized horse. J Am Vet Med Assoc. 179:896-8.
9. **Waldron-Mease, E.**, & Rosenberg, H. (1979). Post anesthetic myositis in the horse associated with in vitro malignant hyperthermia susceptibility. Veterinary Science Communications, 3(1), 45–50.
<https://doi.org/10.1007/BF02268950>
10. **Waldron-Mease E.** (1979) Hypothyroidism and myopathy in racing Thoroughbreds and Standardbreds. J Equine Med Surg 3:124 –128.
11. Rosenberg H, **Waldron-Mease E.** (1977) Malignant hyperpyrexia in horses: Anesthetic sensitivity proven by muscle biopsy. Sci Abstr Am Soc Anesth, pp 333–334.

Books and Book Chapters

- Kellon, E.M.** (2011) Contributing author to Care and Rehabilitation of the Equine Foot by Peter Ramey, ed., Cindy Sullivan. Hoof Rehabilitation Publishing. ISBN-13-978-0615524535.
- Kellon, E.M.** (2008) Horse Journal Guide to Equine Supplements and Nutraceuticals. The Lyons Press, imprint of The Globe Pequot Press. ISBN 978-1-59921-178-7.
- Kellon, E.** (2007) Diseases Leading to Laminitis and the Medical Management of the Laminitic Horse. In Equine Podiatry, eds Andrea E. Floyd and Richard A. Mansmann. Elsevier Health Science. pp 370 -377.
<https://doi.org/10.1016/B978-072160383-4.50024-4>
- Kellon, E. M.** (2000). Keeping the older horse young : a natural approach to revitalizing horses 10 and over. Breakthrough Publications.
- Kellon, E. M.**, & MacDonald, J. V. (1998). Equine supplements & nutraceuticals : a guide to peak health and performance. Breakthrough Publications.
- Kellon, E. M.**, Conway, T., & Breakthrough Publications. (1998). Dr. Kellon's guide to first aid for horses. Breakthrough Publications.
- Kellon, E. M.**, & Tobin, T. (1994). Equine drugs and vaccines : a guide for owners and trainers. Breakthrough Publications.
- Kellon, E. M.** (1986). The older horse : a complete guide to care and conditioning for horses 10 and up. Breakthrough Publications.

Published Abstracts

- Kellon, E.M.** (2025). Early Signs of PPID. Equine Cushing's and Insulin Resistance Group, Inc., NO Laminitis Group, Virtual. In press
- Kellon, E.M.** (2025) Pergolide Dosage and Other ECIR Poll Results. Equine Cushing's and Insulin Resistance Group, Inc., NO Laminitis Group, Virtual. In press

Kellon, E.M. (2025) GLP-1 – Friend or Foe? Equine Cushing’s and Insulin Resistance Group, Inc., NO Laminitis Group, Virtual. In press

Kellon, E.M. (2025) Hypertriglyceridemia with SGLT2 inhibitors – Biochemistry and Management. Equine Cushing’s and Insulin Resistance Group, Inc., NO Laminitis Group, Virtual. In press

Kellon, E.M. (2017) Tiered Management Approach to EMS and PPID. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. October 27, Tucson, AZ. [IVIS Proceedings](#)

Kellon, E.M. (2017) Endocrinopathic Laminitis – How is it Different? Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. October 27, Tucson, AZ. [IVIS Proceedings](#)

Kellon, E.M. (2017) Acute Care for Endocrinopathic Laminitis. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. October 27, Tucson, AZ. [IVIS Proceedings](#)

Kellon, E.M. (2017) Inflammation in Equine Metabolic Syndrome (EMS). Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. October 27, Tucson, AZ. [IVIS Proceedings](#)

Kellon, E.M. (2015) PPID and IR – Myths and Misconceptions. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. November 8, Georgetown, TX. [IVIS Proceedings](#)

Kellon, E.M. (2015) Winter Laminitis. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. November 8, Georgetown, TX. [IVIS Proceedings](#)

Kellon, E.M. (2015) Ancillary Supplements for Horses with Laminitis and Metabolic Syndrome. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. November 8, Georgetown, TX. [IVIS Proceedings](#)

Kellon, E.M. (2013) The Role of Endothelin-1 in Laminitis. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2013) Iron Overload and Insulin Resistance. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2013) Mineral Nutrition and Insulin Resistance. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2013) The Internet as an Epidemiological Tool. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2013) Ovarian Abnormalities in Mares with Refractory Insulin Resistance. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. November 8, Georgetown, TX. [IVIS Proceedings](#)

Kellon, E.M. (2013) Diagnosis of Insulin Resistance and PPID. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2013) Reproductive Abnormalities in Mares with Diet-Resistant Insulin Resistance. Equine Cushing’s and Insulin Resistance Group Inc., NO Laminitis Conference. September 29, Jacksonville, OR. [IVIS Proceedings](#)

Kellon, E.M. (2006) Use of the Herb Gynostemma Pentaphyllum and the Blue-Green Algae, Spirulina Platensis in Horses. In: 3rd European Equine Health and Nutrition Congress. March 18, Ghent, Belgium. [IVIS Proceedings](#)

Kellon, E.M. (2006) Iron Status in Hyperinsulinemic/Insulin Resistant Horses. In: 3rd European Equine Health and Nutrition Congress. March 18, Ghent, Belgium. [IVIS Proceedings](#)

Waldron-Mease, E. (1979) Update on the prophylaxis of tying-up using dantrolene. Proc. Am. Assoc. of Eq Pract. 25, 397.

Invited Presentations

Kellon, E. M. (2021) Balancers don't balance – the truly balanced diet. University of Wisconsin School of Veterinary Medicine. Venue: Online - USA

Kellon, E. M. (2021) Balancers don't balance – the truly balanced diet. Carlson College of Veterinary Medicine, Oregon State University. Venue: Online - USA

Kellon, E. M. (2021) Invited panelist. Why We Supplement and How Nutrients are Utilized by Different Species. NASC Annual Convention. Venue: Online - USA

Kellon, E. M. (2021) Protein and Iron – Their Effect in EMS and PPID Horses. Equine Cushing's and Insulin Resistance Group Inc., NO Laminitis Conference. Venue: Online - USA

Kellon, E. M. (2021) Common EMS and PPID Pharmaceuticals. Equine Cushing's and Insulin Resistance Group Inc., NO Laminitis Conference. Venue: Online - USA

Kellon, E. M. (2021) Emerging EMS and PPID Pharmaceuticals. Equine Cushing's and Insulin Resistance Group Inc., NO Laminitis Conference. Venue: Online - USA

Kellon, E. M. (2021) EMS – What It's Not. Equine Cushing's and Insulin Resistance Group Inc., NO Laminitis Conference. Venue: Online - USA

Memberships and Affiliations

American Academy of Veterinary Nutrition

American Association of Equine Practitioners

American Veterinary Medical Association

American Society of Nutrition

Comparative Nutrition Society

Equine Science Society

National Animal Supplement Council